



2026 Florida Gold AAU Gymnastics Championships



Meet Location: LYNN UNIVERSITY 3601 N. Military Trail Boca Raton, FL 33431

This is an AAU licensed District Championship and qualifier for the 2026 AAU Gymnastics National in e
 Hosted by: Gold Coast Gymnastics, Inc. - Meet results will be posted at www.gcgym.com after the meet

Admission is CASH ONLY! – NO Cards-Venmo-Zelle

Friday, May 15 th , 2026		Clubs with (*) are entered into team competition	
Session 1		Session 2	
Level 1		Level 2, Copper	
Stretch 3:00 pm		Stretch 5:30 pm	
S. Miami*, Ft Lauderdale*, CATS*, TNT*, Miami Beach*, Tumble USA*, Gina's *		<u>Level 2:</u> Andinas*, S. Miami, Ft. Lauderdale*, CATS*, TNT, Rising*, Miami Beach*, Tumble USA*, Gina's* <u>Copper:</u> Gym Kidz *, Andinas, AK 4Ever*	
Awards 5:10 pm		Awards 7:30 pm	
Saturday, May 16 th , 2026		Clubs with (*) are entered into team competition	
Session 3	Session 4	Session 5	Session 6
Level 3	Gold	Gold & Plat	Level: 4,5,6,7,8
Stretch 8:00 am	Stretch 10:20 am	Stretch 1:20 pm	Stretch 4:20 pm
Andinas*, S. Miami*, Ft Lauderdale*, CATS*, TNT* Miami Beach*, Tumble USA* Gina's*	Academy*, Gym Kidz*, Flip City*, CATS* Ft Lauderdale*, Rising* , Miracle*, S. Miami*	<u>Gold:</u> Gym Kidz*, 4Ever*, Rising*, Gina's* Gold Coast* Tumble USA* Key West <u>Plat:</u> CATS* Gym Kidz , 4-Ever TNT, Gina's, Academy, Rising*	<u>Level 4:</u> CATS* Gina's, TNT* S. Miami* Miami Beach* <u>Level 5:</u> S. Miami, TNT, Rising <u>Level 6:</u> Rising, Miracle* Gold Coast* <u>Level 7:</u> Gold Coast, Rising* TNT <u>Level 8:</u> Rising
Awards 10:00am	Awards 1:00pm	Awards 4:00pm	Awards 7:30 pm
Sunday, May 17 th , 2026		Clubs with (*) are entered into team competition	
Session 7	Session 8	Session 9	Session 10
Bronze	Bronze	Silver	Silver
Stretch 8:00 am	Stretch 10:20 am	Stretch 12:35 pm	Stretch 2:40 pm
Gym Kidz*, Gina's*, 4Ever* Academy*, A.K Gym, EGA* Ft Lauderdale* Expression Miracle* Flip City* Andinas* Gold Coast* <i>Bronze team awards given in Session 8</i>	Flip City* Gym Kidz* Andinas* EGA* Idol*, Miracle* Gina's* Academy*, Tumble USA* Rising , 4Ever*, Ft Lauderdale*	Academy*, Rising*, Idol* Gym Kidz* Ft Lauderdale* AK Gym, EGA*, Key West* <i>Silver team awards given in Session 10</i>	EGA*, Gym Kidz*, 4Ever* S. Miami, Rising*, Expression Gold Coast*, Ft Lauderdale* Miracle* FL Gold Team Cup Awarded
Awards 10:00 am	Awards 12:20 pm	Awards 2:25 pm	Awards 4:45pm
MEET LOCATION: LYNN UNIVERSITY 3601 N. Military Trail- Boca Raton, FL 33431 Count and Countess de Hoernle Sports and Cultural Center		Admission: Adults- \$25.00, Child- \$15.00 (ages 2-12) 2-Day Pass Adults \$40.00, Child \$20.00 CASH ONLY~ NO Cards-Venmo-Zelle	