



2021 Gold Coast “Winter in Paradise”



Meet Date: January 16th- 17th , 2021

Deadline: Monday, December 7th , 2020

Host: Gold Coast Gymnastics, Inc.

Location: 1420 Rupp Lane, Lake Worth, Fl. 33460
561-585-2700—E-mail: info@gcgy.com

AAU Levels: 1,2,3,4,5,6,7,8, X-Cel: Bronze, Silver, Gold, Plat, Diamond, Ladies
All Levels- National Rules

Entry Fee: \$ 69.00 per gymnast

Team Fee: \$ 55.00 per Team (100% team Awards)

Awards: 50% +1 medals on events-100% All Around awards, 100% team
All Levels follow Florida Gold AAU award Guidelines

Entry Refund Policy

- 100% refund if the Meet Host cancels the competition
- 75% refund. If the cancellation is within 2 weeks of the competition. Ex: If the competition must be cancelled due to something out of the Meet host control such as local closures due to virus, or facility issue etc.

Please note that Covid Procedures/Considerations may change/alterd to follow guidelines.

COVID Procedures/Considerations:

Gold Coast will be limiting the number of gymnasts and spectators per session. **only one spectator per athlete.

- Social distancing will be required by athletes, coaches, and spectators in the audience.
- Masks are required to be worn by Athletes, Coaches & Spectators. Athletes may remove mask while active, competing, and social distancing
- Between sessions Gold Coast will sanitize/disinfect gym, events, and spectator areas. There will be frequent disinfecting of high traffic areas
- **Spectators:** Only ONE (1) spectator per gymnast- This is to follow capacity and social distancing guidelines. No additional children/siblings.

Meet Procedures:

- One Judge panel
- Limited participants per session
- ONLY 1 coach per team per squad. (please do not bring extra coaches)
- **1 spectator per athlete- Please NO additional adults or siblings.**
- Spectator chairs will be distanced
- No concession stand
- Sessions divided in two age groups.
- Each gymnast/club brings their own chalk bucket
- Warm up, team presentation, national anthem, begin competition. Gymnasts compete. Rotate as a group.
- No group presentation to the judges.
- Awards will be presented
- Everyone exits our back door.
- After each session-GC will sanitize gym, equipment/bathrooms/high traffic areas for the next session.

Payments:

 Checks payable to: Gold Coast Gymnastics

1420 Rupp Lane, Lake Worth, Fl. 33460

*Please send completed and legible entry forms with payment.

Substitutions- for gymnasts for the same level may be accepted up to (Jan 4th)-12 days prior to competition start date. Injury refunds (50% of entry fee) are considered with a doctor's note 12 days prior to event date-(Jan 6th) No refunds after deadline- December 7th, 2020

This event is licensed by the Amateur Athletic Union of the U.S. Inc. All Participants must have a current AAU Membership. AAU Membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins. BE PREPEARED! Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.