



## Gold Coast Gymnastics, Inc. – Corona procedures/guidelines

<b>Employee Guidelines</b>	<ul style="list-style-type: none"> <li>- Staff will follow illness policy including temperature checks and 24 hour wellness standard.</li> <li>- Staff will wash/sanitize hands prior at regular intervals.</li> <li>- Staff will have limited direct physical contact with children (spotting is limited to necessity for all groups).</li> <li>- Staff will be diligently trained on procedures and prepared to enforce any distancing protocols.</li> </ul>
<b>Building Preparation</b>	<ul style="list-style-type: none"> <li>- Staff will disinfect and sanitize concluding classes.</li> <li>- Use recommended products that are effective against Covid-19 will be used throughout each day.</li> <li>- Doors &amp; Door handles will be wiped and cleaned after uses.</li> <li>- Drinking fountains will be closed and students encourage bringing water bottles.</li> <li>- Team Lockers will be taken out of use.</li> </ul>
<b>Entering the Building</b>	<ul style="list-style-type: none"> <li>- Drop Off/Pick Up encouraged; No more than 1 adult per athlete in building. Masks are encouraged to be worn by the adults.</li> <li>- Temperature checks of all athletes entering the gym; anyone who appear ill or who have a temp over 99.5 will be sent home.</li> <li>- Sanitize/wash hands upon entering gym.</li> </ul>
<b>Lobby Area Physical Distancing</b>	<ul style="list-style-type: none"> <li>- Lobby will have limited seating. Occupancy will be limited and monitored to comply with guidelines. Parents that feel the need to stay and view will be asked social distance</li> <li>- One enter gate. One exit gate.</li> </ul>
<b>Classes</b>	<ul style="list-style-type: none"> <li>- Athletes will wash hands as required. We will remind athletes of handwashing duties and when appropriate.</li> <li>- Lesson plans will be modified to omit partner activities.</li> <li>- Lesson plans will be modified to limit use of props. Any props will be sanitized after each individual student's use.</li> <li>- Station will be set up for independent learning. Coaches will assist</li> <li>- Stations and activities will be modified to allow safe distance between athletes</li> <li>- Porous surfaces in the gym such as bean bags/beanie babies will be temporarily taken out of use</li> <li>- Students must remain with coach the duration of the class</li> </ul>
<b>Team Practice</b>	<ul style="list-style-type: none"> <li>- Athletes should have their own backpack or drawstring bag to carry with them during practices</li> <li>- Athletes will sanitize/wash hands as required. We will remind athletes of handwashing duties and when appropriate.</li> <li>- Lesson plans will be modified to omit partner activities.</li> <li>- Lesson plans will be modified to limit use of props. Any props will be sanitized after each individual student's use.</li> <li>- Stations and activities will be modified to allow safe distance between athletes</li> <li>- Chalk stations will be monitored.</li> </ul>
<b>After Class</b>	<ul style="list-style-type: none"> <li>- Everyone will use the designated exit from the building to control flow.</li> <li>- Employees will begin disinfecting/sanitizing all areas immediately to get ready for next group</li> </ul>
Please note that Gold Coast Gymnastics, Inc. reserves the right to change/alter/modify any guidelines and or procedures that they feel necessary for the safety of staff/students or for the facility.	