

1420 Rupp Lane, Lake Worth Beach, Fl. 33460
561-585-2700---561-586-7880 (fax)
Website: www.gcgym.com
E-mail: info@gcgym.com

July 6th -August 7th (5 weeks)

For Summer 1 & 2 classes, you may sign up for one or both Terms of classes

\$40.00 Individual Child
\$60.00 Family Memb.
 * up to 3 siblings

This schedule is subject to change.

Monday

Tuesday

Wednesday

Thursday

TUITION is for 5 Weeks

3yr-5yrs (Independent)
40 min class * 4 max per coach

4:30-5:10

4:30-5:10

3:30-4:10

\$ 239.40 2 classes per wk for 5 wks

\$126.00 -1 class per wk for 5 weeks

Boys: (school age) Beginner/ intermediate
50 min class * 6 max per coach

3:30-4:20

3:30-4:20

Discount for check/cash

(Beginner & Intermediate)
50 min class * 6 max per coach

4:30-5:20

4:30-5:20 NEW!

4:30-5:20

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\$ 228.00 2 classes per wk for 5 wks

\$ 120.00 1 class per wk for 5 weeks

Blue Level – Advanced
50 min class * 6 max per coach

5:30-6:30

5:30-6:30

***All levels 6 max per coach

6:30-7:20

4:30-5:20

Space is limited!

Girls & Boys: Ages 5yrs- 12yrs old

Times: 9:00-3:00 Full Day Pick up at any time

9-12: Gymnastics Class Time includes: Event training, tumbling, trampoline, open-workout, Games

1-3: Fun Time Activities Includes: Challenges and many more In-House Activities

Should I sign up for Summer Camp?

Gymnastics helps to build strong bodies, sharp minds and long-time friendships! Join us for our 2020 Summer Gymnastics Camp

The answer is undoubtedly YES!

Sign up for the day, the week, multiple weeks or the entire summer!
Take advantage of our early bird discounts! Prices increase June 1st!

1- **ENROLLMENT:** Full tuition is due for enrollment in any class/program. Yearly registration fee due on the month you initially enrolled.

2- **PAYMENTS:** Cash, checks, Visa, Master Card & Discover Credit Cards -\$30.00 charge for returned/ NSF
Sorry we do NOT offer refunds or credits for tuition, membership, classes, camps or special activities.

3- **ATTIRE: **Girls:**** Wear a one-piece leotard. No Bare stomach or mid-drift. NO- T-Shirts, jean shorts.
Boys: Tight fitting athletic shirt—like Under Armor/Champion. Stretchy shorts. No Buttons or zippers.

4- FAMILY DISCOUNTS- 10% discount off siblings & additional class days. Family rate for yearly admin fee.
5- No Jewelry- only post earrings are acceptable. Hoops or any type that hangs below the earlobe is unsafe!
6- Sick children/parent may not be in the gym

By entering this facility, you are aware that you agree to fully accept all known and unknown risks, including possible exposure to and illness from infectious diseases, including, but not limited to, MRSA, Influenza, the potential risk of exposure to respiratory illnesses such as the coronavirus (COVID-19). The coronavirus is primarily transmitted via exhaled respiratory droplets, most often through coughing and sneezing. Commonly transmitted between persons rather than from equipment to persons.

Although we regularly sanitize our equipment and presently are using enhanced cleaning methods and enforcing social distancing in our facility, you understand that you may be exposed to the MRSA, Influenza coronavirus or its symptoms through no fault of our own. Known coronavirus symptoms include fever, coughing, shortness of breath, pneumonia, kidney failure, and may include other symptoms, stroke, or even death (collectively "Symptoms"). You understand and agree that you will hold us harmless and you will not hold us liable for any real or perceived Symptoms of COVID-19 or any other disease, illness, or condition, nor for exacerbating any existing symptoms, even if arising from the negligence of the releases or others and you fully agree to accept all risks of entering the facility, using the equipment, working with coaches, attending classes, practices and/or interacting or being exposed to other members.



Gold Coast Gymnastics, Inc. – Corona procedures/guidelines

Employee Guidelines	<ul style="list-style-type: none"> - Staff will follow illness policy including temperature checks and 24 hour wellness standard. - Staff will wash/sanitize hands prior at regular intervals. - Staff will have limited direct physical contact with children (spotting is limited to necessity for all groups). - Staff will be diligently trained on procedures and prepared to enforce any distancing protocols.
Building Preparation	<ul style="list-style-type: none"> - Staff will disinfect and sanitize concluding classes. - Use recommended products that are effective against Covid-19 will be used throughout each day. - Doors & Door handles will be wiped and cleaned after uses. - Drinking fountains will be closed and students encouraged to bring personal water bottles. - Team Lockers will be taken out of use.
Entering the Building	<ul style="list-style-type: none"> - Drop Off/Pick Up encouraged; No more than 1 adult per athlete in building. Masks are encouraged to be worn by the adults. - Temperature checks of all athletes entering the gym; anyone who appear ill or who have a temp over 99.5 will be sent home. - Sanitize/wash hands upon entering gym.
Lobby Area Physical Distancing	<ul style="list-style-type: none"> - Lobby will have limited seating. Occupancy will be limited and monitored to comply with guidelines. Parents that feel the need to stay and view will be asked social distance - One enter gate. One exit gate.
Classes	<ul style="list-style-type: none"> - Athletes will wash hands as required. We will remind athletes of handwashing duties and when appropriate. - Lesson plans will be modified to omit partner activities. - Lesson plans will be modified to limit use of props. Any props will be sanitized after each individual student's use. - Station will be set up for independent learning. Coaches will assist - Stations and activities will be modified to allow safe distance between athletes - Porous surfaces in the gym such as bean bags/beanie babies will be temporarily taken out of use - Students must remain with coach the duration of the class
Team Practice	<ul style="list-style-type: none"> - Athletes should have their own backpack or drawstring bag to carry with them during practices - Athletes will sanitize/wash hands as required. We will remind athletes of handwashing duties and when appropriate. - Lesson plans will be modified to omit partner activities. - Lesson plans will be modified to limit use of props. Any props will be sanitized after each individual student's use. - Stations and activities will be modified to allow safe distance between athletes - Chalk stations will be monitored.
After Class	<ul style="list-style-type: none"> - Everyone will use the designated exit from the building to control flow. - Employees will begin disinfecting/sanitizing all areas immediately to get ready for next group
Please note that Gold Coast Gymnastics, Inc. reserves the right to change/alter/modify any guidelines and or procedures that they feel necessary for the safety of staff/students or for the facility.	