

# Florida Gold District meeting- 8-5-16

## Meeting held at Rising Stars Gymnastics

### Attendance:

Raul Rojas- Florida Gold Gymnastics District Chairman

Jill Rojas- Secretary

Destinee Rojas- Gold Coast Gymnastics

Julie Wilmott- Rising Stars

Marty Kallen- Ft Lauderdale Stars

Tina Tyska- TNT

Millie Lopez- Twins

Danny Melo- Shelton

Alex Aviza- Shelton

Christian Gil- Shelton

Meeting called to order at 6:00pm by Raul Rojas

Welcome, thank you for coming! Thank you Julie for the use of her gym.

Congrats on a successful season. We had a lot of National event All Around and All- American Award Champions! We definitely represented FI Gold on the podium.

### **Review Expense Report** for 2014, 2015, 2016

#### **Two issues brought to our attention at Nationals.**

1- Coaches not sharing or being aware of time restrictions on beam, vault and bars. Athletes are taking too long or taking additional chances on a skill - due to coach making additional corrections or athlete not being prepared for her turn. End result is athletes may only get partial/insufficient time for warm-ups.

Coaches need to be more aware of time. Coach- DON'T teach! Everyone needs to work together to ensure all athletes get their ample warm-up.

2-An issue at National was found with the Level 2 Vault. Vault mats were too high.

Example: One or two mats were put on top of the vault system to make mats higher for athletes to perform the vault.

Clarification- Directly from USAG R&P-

[https://usagym.org/PDFs/Women/Junior%20Olympics/compulsory/13comp\\_pages\\_071516.pdf](https://usagym.org/PDFs/Women/Junior%20Olympics/compulsory/13comp_pages_071516.pdf)

Level 2 MATTING REQUIREMENTS: Mat stack – Minimum of 16 inches in height (+ 1 inch). Any combination of competition landing mats, skill cushions and/or inflatable mat may be used. One or two additional 8" skill cushions may be used to allow for 24" and 32" heights (+ 1 inch). The uppermost landing surface should be a minimum of a 4-inch skill cushion. An unfolded panel mat may be placed on top of the upper most surface of the mat stack/resi-pit if necessary to provide a more stable landing surface. (Refer to #3 below for the required tape line.)

### Level 3

MATTING REQUIREMENTS: Mat stack – Minimum of 32 inches in height (+1inch). Any combination of competition landing mats, skill cushions and/ or inflatable mat may be used. One or two additional 8” skill cushions may be used to allow for 40” and 48” heights (+1inch). The uppermost landing surface should be a minimum of a 4 inch skill cushion. An unfolded panel mat may be placed on top of the upper most surface of the mat stack/resi-pit if necessary to provide a more stable landing surface. (Refer to #3 below for the required tape line.)

- Looks like all the clubs have done a good job for competing gymnasts in the current level and not cross level competing. =) Thank you!
- ✓ **Reminders**
- ✓ *The FL Gold AAU calendar will only list events that are sanctioned Florida Gold AAU qualifiers and host clubs have signed the AAU Event Host Agreement. Only those events will be published in the FL Gold AAU Handbook. Only events included in the handbook will be designated as District Championship qualifiers.*
- ✓ ***Club/Meet Directors**, upon completion of AAU meet - \$1.50 athlete fee will be paid to Florida Gold Gymnastics, Inc. per athlete. This fee is due within 30 days of event date.*
- ✓ *Clubs need to participate in 2 Fl. Gold Qualifiers to compete at District Championships*
- ✓ *Athletes need to participate at Fl. Gold District Championships in order to compete at AAU Age Group Nationals.*
- ✓ *Deadlines--- They are just that! Deadlines! Please be aware meet directors can only put a meet together if they have your entry. Late entries may delay the meet director getting the meet schedule out in a timely manner. Be aware that it is at the sole discretion of each meet director if they can accept late entries. Please see individual meet flyer for additional information. Watch your meet entry deadlines!*
- *Be aware--Age Group Nationals has an early deadline. You will need to register online.*
- *Petitions for Nationals: petitions for athletes are for injury/illness. The petitions are returned to Fl. Gold Chairman for approval.*

Questions- Leotards for Nationals- Are there any ideas for National Leotards? -Leotard is good. Ideas may be presented at a later date.

The AAU District Chair Seminar was held in Orlando on Sept. 9-10, 2016. Some key points of discussion were as follows.

- Membership for the Florida Gold has increased from 2015 to 2016. Way to go!
- **New for 2017**- 4 year olds WILL be permitted to compete at AAU Age Group Nationals.
- AAU Age Group Nationals will be held in Kingsport, TN. Please make sure that you register before the deadline for the meet. Late entries may not be accepted.
- Boys Program. AAU is developing a new developmental boys program that can be integrated into competitions. It will be for the entry level boys developmental/competitive levels 1,2,3 and will utilize the events at a girls meet. More info will be available at a later date.

Motion by Julie Wilmott for meeting to be adjourned-Seconded by Tina Tyska.  
Meeting closed at 7:10pm

**2016-17 Meet Schedule for AAU Florida Gold District**

	<b>Date</b>	<b>Licensed FL Gold AAU Competitions</b>	<b>Host Club</b>	<b>Location</b>
<b>2016</b>	October 1-2 October- 15-16 November 12-13	Celebrate America Gold Rush Invite Novemberfest	Genies Gold Coast Rising Stars	Wellington Lantana Boca
<b>2017</b>	January 28-29	New Year Invitational	Twins	Coral Springs
	February 25-26	Arabian Nights	Genies	Wellington
	March 11-12 March 18-19	Winter In Paradise Rock Superstar	Gold Coast Ft Lauderdale	Lake Worth Ft Lauderdale
	April 29-30	Beach Blast	Cats- Jupiter	Jupiter
	May 6-7	Spring Spectacular	Rising Stars	Boca
	May 20-21	Fl. Gold District Championships	Gold Coast	TBA
	June 21-25	AAU Age Group Nationals	AAU	Kingsport, TN

- Minimum of 2 AAU licensed competitions to participate at Fl. Gold Championships.  
-Athletes need to compete at Fl. Gold District Championships to compete at Age Group Nationals