

# AAU Florida Gold District meeting- 7-9-19 - 7:00 pm

## Meeting held at Ft Lauderdale Stars Gymnastics

Raul Rojas- Florida Gold Gymnastics District Chairman  
Jill Rojas- Gold Coast  
Lidia Rosco- Academy of Gymnastics  
Julia Carter- Academy of Gymnastics  
Stacey Hatch- Miami Beach Gymnastics  
Julie Wilmott-Rising Stars

Trina Chang- Expressions of Talent  
Dujon Chang- Expressions of Talent  
Cheyanne Oehrlich- Gymnastics Plus  
Alicia Crupi- Gymnastics Plus  
Tina Tyska- TNT Gymnastics  
Carmen Suarez- Twins Gymnastics  
Marty Kallen- Ft Lauderdale Stars

Meeting called to order at 7:03 pm.

\* Welcome, thank you for coming! Thank you to Marty for the use of his gym for the meeting.

Congrats to all clubs for a successful season.

➤ Review of Florida Gold rules-

**Music at meets:** Cd players not required at meets. Music must be on a compatible device. Remind/Recommend that coaches bring cords or adapter to ensure that their device plays their music.

➤ **Coach's attire on the comp floor:** There were no issues seen at any meets.

Closed toe shoes to be worn always during the competition. No spaghetti straps/tank tops, no hats/visors. No short-shorts (soffe or short cut style). If a coach is not in proper attire, they will be asked to leave the competition floor or change into different attire.

➤ **For clubs Hosting meets:**

- If times/schedule should change prior to the competition – verification by email or phone call is required.

--all coaches must sign in at Meet Directors table. MD- is responsible for verifying athletes and coaches on the floor.

➤ **New for 2019-2020 season: Hosting clubs** will need to submit by check **\$50.00 deposit** for athlete assessment fee. This deposit will be used toward the athlete fee concluding the competition. This is a non-refundable deposit.

**-- In order to keep in-line with USAG meets for assigning judges and to be placed on the Fl. Gold District calendar, All Meet hosting agreement forms, flyers, deposit and judges request forms- need to be submitted starting March 1<sup>st</sup>-May 1<sup>st</sup> for the following season. This will be in effect for the 2019-2020 season.**

➤ **Discussion:** : Pertaining to the athletes competing in a minimum of 2 licensed events to compete at Championships

-> We believe this ruling was beneficial for this year. Numbers at AAU sessions increased. Overall membership increased.

➤ **Discussion:** Athletes attending out of session-

This year there were only a handful of athletes who competed out of session- mainly due to religious purposes.

➤ **Discussion:** Nationals Leotard—color for this year was good. Showed well. Color options for 2020—possibly the Blue Hombre or color variation. The sizing of the t-shirts was brought up. It was recommended that if the shirt will be form fitting that the clubs should know that in advance. T-shirts will be coordinating color with leotard.

➤ **Discussion:** The funds in the Florida Gold account may to be used for an AAU FG clinic to assist coaches in the upcoming season for Compulsory & Optional levels. Reviewing rules, routines and answering questions.

➤ **Discussion- Florida Gold Championships:**

A concern during warm-up that coaches were taking too much time per athlete. Essentially not allowing enough time for the entire group for enough warm-up. Reminder to all coaches to share time and equipment, this is not a teaching time-rather just a warmup.

**Florida Gold Team Cup:** For the 2019 Florida Gold District Championship, a **NEW** award for team was introduced. A discussion was made for how to determine how the team cup is awarded. For the 2019 meet, every club who entered a team, regardless of level was eligible for the award. The top 3 scores on each event regardless of level were taken to make the final score. For the 2020 competition, the Florida Gold Team Cup will be determined by designating 3 athletes with 1 alternate athlete. Teams may designate any 3 athletes that are in the team/club roster- regardless of level. The designated athletes will be sent to the meet director 1 week prior to the event dates. Clubs with team entries are eligible for the Florida Gold team Cup.

➤ **Discussion about AAU Nationals: Overall a very well-run meet!**

Ladies Division at Nationals. It was brought to our attention that A few clubs/coaches were upset that the Ladies division was placed with the Diamond/Platinum levels. They felt that having the Ladies division was a distraction to athletes competing. They felt the Ladies competitors were at lower skill level than the Diamond/Plat levels so it detracted from their high level. A few had concerns brought up by their parents as spectators- they didn't like the "look" of the ladies athletes. They(parents) had referred to them(ladies) competing in a very demeaning manner. Secondly coaches expressed their concern about the location of gym C and the temperature of the room.

**INFORMATION** Florida Gold will continue to follow USA Gymnastics guidelines.

- We will follow the Rules for Xcel Program 2018-2022 - Effective August 1<sup>st</sup>, 2018.  
WOMEN'S JR. OLYMPIC LEVELS 6 / 7 / 8 VAULT VALUES Effective August 1, 2018-July 31, 2022  
[https://usagym.org/PDFs/Women/Rules/J.O.%20Code%20of%20Points/appndx03\\_level6\\_8vaultvalues\\_0518.pdf](https://usagym.org/PDFs/Women/Rules/J.O.%20Code%20of%20Points/appndx03_level6_8vaultvalues_0518.pdf)

To have all the latest updates and information for USA Gymnastics- JO program & Xcel, you may want to download the digital apps.

[NEW! Xcel Code of Points iBook now available](#)

[Review of the 2019-2020 Meet schedule](#)

### **2019-20 Meet Schedule for AAU Florida Gold District**

<b>Date</b>	<b>Licensed FL Gold AAU Competitions</b>	<b>Host Club</b>	<b>Location</b>
<b>Dates of meet</b>	<b>Name</b>	<b>Host Club</b>	<b>Location</b>
October 5-6	Celebrate America	Genies	Wellington
October 19-20	Gold Rush	Gold Coast	Lantana
November 2-3	Novemberfest	Rising Stars	Boca
January 18-19	Winter in Paradise	Gold Coast	Lake Worth
January 25-26	New Years Invitational	Twins	Coral Springs
February 8-9	Shelton Winter Challenge	Shelton Academy	Doral
Feb 29-Mar 1st	Arabian Nights	Genies	Wellington
March 14-15	Rock Superstar	Ft Lauderdale Stars	Ft Lauderdale
April 4-5	Beach Blast	Cats	Wellington
May 2-3	Spring Spectacular	Rising Stars	Boca
May 16-17	Florida Gold Championships	Gold Coast	Boca
June 17-21	AAU Age Group Nationals	AAU	Savannah Civic Center

**ATHLETES** must compete in a minimum of 2 AAU licensed competitions to participate at Fl. Gold Championships.

-Athletes need to compete at Fl. Gold District Championships to compete at Age Group Nationals

Motion to adjourn meeting

Meeting closed at 8:03pm