

1420 Rupp Lane, Lake Worth Beach, Fl. 33460
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Priority Enrollment Week for Term #5 –April 5th -17th
Note: we are OPEN during Spring Break for all classes

Priority Enrollment Week for Term #6-June 1st -12
Closed: Monday, May 31st –Memorial Day

\$40.00 Individual Child
\$60.00 Family Membership
 * up to 3 siblings

The illustration shows two different ways to perform a backbend. On the left, a person is shown in a full backbend, with their hands reaching up towards their feet. On the right, a person is shown sitting on the floor, using a resistance band to assist with a backbend by pulling their feet towards their hands.

Updated 2/11/21

* **School Age- MAKE UP CLASS Friday 5:30-6:25**
 * **Pre-school:** make ups are scheduled in similar Pre-school class.
Make ups are based on availability and are not guaranteed

* Students masks are to be worn while entering, waiting for class/practice to begin, stretching and periods of inactivity. Students may be asked to wear a mask if working in proximity with a coach for spotting/safety and instructional purposes. During activity, masks may be removed. However, students MAY wear a mask for the duration of the class. They are not required to remove it. Coaches do remind students that it may be removed but many choose to keep it on. Coaches will wear masks during the duration of class.

This includes absence, illness, injury, vacations, holidays, weather conditions, closures of the gym due to weather, natural disaster, electrical, pandemics or any other reason.

4-ATTIRE: **Girls:** Wear a one-piece leotard. No Bare stomach or mid-drift. NO- T-Shirts, jean shorts, jewelry.
Boys: Tight fitting athletic shirt—like Under Armor/Champion. Stretchy shorts. No Buttons or zippers.
 5- No Jewelry- only post earrings are acceptable. Hoops or any type that hangs below the earlobe is unsafe!
 6- Sick children/parent may not be in the gym- Any Includes open wounds/abrasions must be covered.

By entering this facility, you are aware that you agree to fully accept all known and unknown risks, including possible exposure to and illness from infectious diseases, including, but not limited to, MRSA, Influenza, and the potential risk of exposure to respiratory illnesses such as the coronavirus (COVID-19). The coronavirus is primarily transmitted via exhaled respiratory droplets, most often through coughing and sneezing. Commonly transmitted between persons rather than from equipment to persons. Although we regularly sanitize our equipment and presently are using enhanced cleaning methods and enforcing social distancing in our facility, you understand that you may be exposed to the MRSA, Influenza coronavirus or its symptoms through no fault of our own. Known coronavirus symptoms include fever, coughing, shortness of breath, pneumonia, kidney failure, and may include other symptoms, stroke, or even death (collectively "Symptoms"). You understand and agree that you will hold us harmless and you will not hold us liable for any real or perceived Symptoms of COVID-19 or any other disease, illness, or condition, nor for exacerbating any existing symptoms, even if arising from the negligence of the releases or others and you fully agree to accept all risks of entering the facility, using the equipment, working with coaches, attending classes, practices and/or interacting or being exposed to other members