



2019 Florida Gold AAU Gymnastics Championships

Meet site: Lynn University- Gymnasium - 3601 North Military Trail, Boca Raton, FL 33431

This is an AAU sanctioned District Championship and qualifier for the 2019 AAU Age Group National in Orlando Fl. June 13-16.

Hosted by: Gold Coast Gymnastics, Inc. - Meet results will be posted at www.gcgym.com after the meet



No Flash Photography or external lighting on any devices---Updated session times: 4/22/19

| Saturday, May 18 th , 2019 Clubs with (*) are entered into team competition-Team awards at each session | | | | | | | | | |
|--|--|--|--|---|--|---|--|---|--|
| Session 1 | | Session 2 | | Session 3 | | Session 4 | | | |
| Level: 2 & X-Silver | | Level: 3 & 4 | | Level 3 | | Level: 5,6,7,8,XG,XP,XD | | | |
| Stretch 8:00 am | | Stretch 11:10 am | | Stretch 2:25 pm | | Stretch 5:15 pm | | | |
| Level 2 Cats * Miami Beach* Rising Stars* Palm Beach* TNT* X-cel Silver Academy* Key West Gym Kidz-NMB* Gym Kidz-MB Expression* Ft. Lauderdale* Gold Coast* | | Level 3 Rising Stars* Academy Key West Gold Coast* Gym Kidz-NMB* Level 4 TNT* Rising Stars* Twins Gym Kidz-NMB Miami Beach Cats* South Miami* Gym Kidz CG* Gold Coast * | | Level 3 Cats* Gym Kidz CG* South Miami * Ft Lauderdale* TNT Miami Beach* Flip City* *Level 3 Team Grand Champion Awarded | | Level 5 Twins Gym Kidz- CG* Gym Kidz-NMB Level 6 TNT Rising Stars* Gym Kidz CG* Miami Beach Level 7 Gold Coast Rising Stars* Gym Kidz NMB Gym Kidz CG | | Level 8 Rising Stars X-cel Gold Cats* Gym Kidz CG* Flip City* Gym Kidz MB* Key West Gold Coast* X-cel Plat & Diam Cats- Plat Rising Stars-Plat Gold Coast-Plat Rising Stars- Diam | |
| Awards 10:45am | | Awards 2:05 pm | | Awards 4:50pm | | Awards 8:10pm | | | |
| Sunday, May 19 th , 2019 Clubs with (*) are entered into team competition-Team awards at each session | | | | | | | | | |
| Session 5 | | Session 6 | | Session 7 | | Session 8 | | | |
| X-Cel Bronze | | Level 1 | | Level 1 | | Level 2 | | | |
| Stretch 8:00 am | | Stretch 10:15 am | | Stretch 12:25pm | | Stretch 2:35pm | | | |
| Expression* Ft Lauderdale* Gym Kidz- CG* Academy * Gym Kidz-NMB* Twins* 4 Ever* Gym Kidz-MB | | Miami Beach* Genies* Twins* TNT* Ft Lauderdale* Cats* | | Shelton* South Miami* Palm Beach* Gold Coast* Rising Stars* Gym Kidz-GC* Gym Kidz-NMB* *Level 1 Team Grand Champion Awarded | | Genies* Gym Kidz-CG* Gold Coast * Ft Lauderdale* Gym Kidz-MB Academy* South Miami* *Level 2 Team Grand Champion Awarded | | | |
| Awards 9:55am | | Awards 12:10pm | | Awards 2:20pm | | Awards 4:35pm | | | |
|  Host Hotel: Hampton Inn Boca Raton 1455 Yamato Rd., Boca Raton, FL 33431 561-988-0200 Group Name: Gold Coast Gym Rate: \$109 + tax for Queen or King Study Cutoff date: April 26 Rate includes: breakfast, wifi, parking, passes to Lifetime Athletic Club Booking link available upon request, otherwise group code will be GCG Contact the hotel directly or use group code on website below. www.bocaraton.hamptoninn.com | | | | Door Admission: Adults-\$20.00, Child- \$10.00 (ages 2-12) 2-Day Pass Adults \$30.00, Child \$15.00 -CASH ONLY~ No Credit Cards ~ CASH ONLY No Flash Photography or external lighting on any devices. It is a distraction to the judges, coaches and gymnasts! | | | | | |

Updated session times: 4/22/19